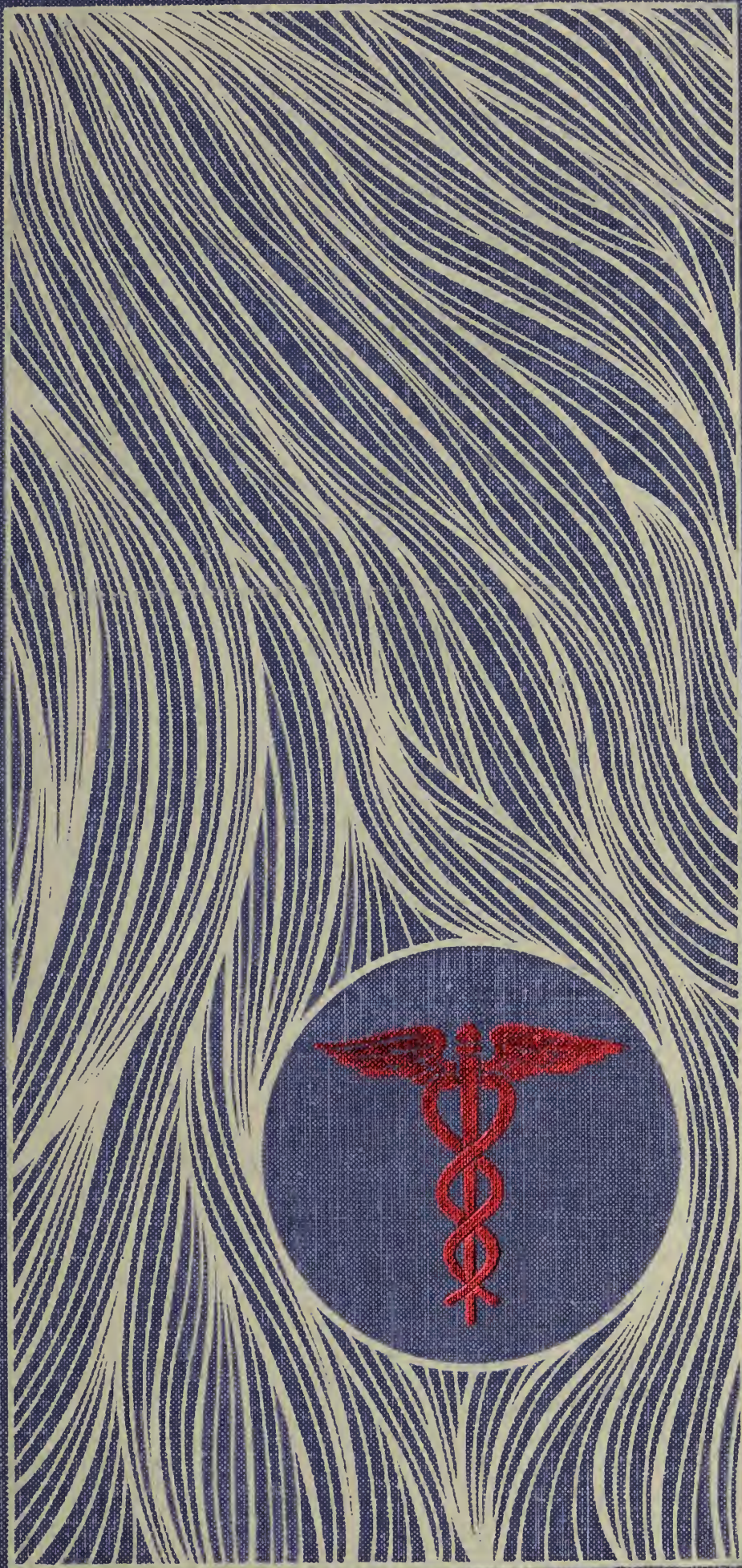


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Mrs. Lois Daniels

School Of
Nursing

Mr. C. Robert Peery

Administrator
Portsmouth General
Hospital



Faculty

*'To know how to suggest is
the art of teaching.'*



MRS. EDWARDS



MISS KING



MRS. JACKSON



MRS. ARCHER



MISS BROOKS



MRS. FUTRELL



MRS. KING





MRS. SALLY DELLINGER - Librarian



MRS. CONNIE RICHARDSON - Secretary

Housemothers - MRS. GREGORY and MRS. BOWEN



(Not pictured) - MRS. STUBLIN



MRS. E. CASPER
MR. W. REESE
MRS. K. HARPER
MRS. A. WRIGHT

Seniors

"As we look back,
tiny instants in time
become the remembered reality
of those PGH days . . .
vivid flashbacks of joy,
of excitement, of anxiety
of despair, of hope."



JANICE ANN BALBACH

*"Write on your hearts
that every day is the
best day of the year."*

CHESAPEAKE, VIRGINIA

FAITH ELAINE BERGHOFER

*"One may reach the dawn
save by the path of night."*

SANTA FE, NEW MEXICO



DARLENE RAE BREWER

*"The art of love is
God at work through you."*

NEWPORT NEWS, VIRGINIA



ROBERTA CAMPBELL

*"No Bird Soars Too High,
If He Soars With
His Own Wings."*

VIRGINIA BEACH, VA.



SUSAN ANNE DAVIS

*"Friendship Is The Most
Valuable Of All
Human Possessions."*

CHESAPEAKE, VIRGINIA



CYNTHIA ANN GUPTON

*"Destiny Is Not A Matter
Of Chance, It Is A
Matter Of Choice,
It Is Not A Thing
To Be Waited For,
It Is A Thing To Be
Achieved."*

PORTSMOUTH, VIRGINIA





MARGARET KAY HOOPER

*"My poor are my best patients.
God pays for them."*

WEST POINT, VIRGINIA

JACQUELYN ANNE KAVANAUGH

*"Can't be singing on a song and
can't feel the flowing of a smile
when I'm gone, so guess I'll
have to do it while I'm here."*

JACKSONVILLE, NORTH CAROLINA



GEORGANNA KRAUS

*"May I always desire more
than I can achieve."*

ELIZABETH CITY, NORTH CAROLINA

SHIRLEY HOOTEN MAYS

*"What we are . . . is God's
gift to us. What we
become . . . is our gift
to God."*

PORTSMOUTH, VIRGINIA



NANCY ELLEN PEARCE

*"The greatest happiness of
life is being loved for
yourself."*

CHESAPEAKE, VIRGINIA

ANGELA LEIGH WIGGINS

*"Today is the first day
of the rest of my life!"*

NEWPORT NEWS, VIRGINIA





NANCY - MOST INDIVIDUALIST



JACKIE - MOST IMAGINATIVE



CINDY -
MOST CONSCIENTIOUS

ANGELA - MOST ANXIOUS



*Senior
Superlatives*

KAY - MOST SOFT-HEARTED



ELAINE -
MOST FLIRTATIOUS



SUSAN
MOST ATHLETIC



JAN
MOST CONSERVATIVE



SHIRLEY
MOST SOPHISTICATED



ROBERTA
MOST TALKATIVE



GEORGIANNA
MOST PERSEVERING



DARLENE
MOST DEPENDABLE



SENIOR CLASS OFFICERS
 MRS. S. MAYS, Pres.
 J. KAVANAUGH, V.P.
 ROBERTA CAMPBELL (Mrs.), Parl.
 KAY HOOPER, Treas.
 DARLENE BREWER, Sec.
 CINDY GUPTON, Hist.

The residual effect of the skating party.



Who said that?



Smoking follows beauty!



MRS. EDWARDS - Class Advisor.
 See what happens to Sr. Class
 Advisors?





What are you dreaming of?



Releasing inner-tensions.



What's so funny?

Wonder what the weekend will bring?



Who do those birdlegs belong to? (Not me!!)

It's mind expanding - Read it, you'll like it!!



It's be kind to animal week.





Pediatrics





Obstetrics



Professional Adjustments



Leadership Skills



Seminars



It's off to Peri-Care!!



I think my leg's caught.



Jackie, the wet head is dead.



Not another USO Dance!

Soap operas can't be all that good.



It's an Angel in disguise or ...





September 22, 1969, 20 girls and 2 men entered Portsmouth General Hospital School of Nursing. Although each was a stranger to the other, we shared a common goal, to become a professional nurse. Little did we realize the hard work and good times that lay ahead.

On Rat Day we were initiated into the school by our substitute big sisters. Remember requisitioning fallopian tubes from C.S.R., Warton's Jelly from the kitchen and calling the police for the speed limit of the Circle of Willis?

The next week we began our classes at Frederick Community College. We will never forget our "faithful" bus that broke down on the way to classes and the embarrassment of sitting in the middle of the road! Nor can we forget Mr. Weems, who contrived those "unusual tests."

The first day on the unit, we were so proud in our stiff, starched uniforms, standing in an inspection line awaiting Mrs. Edwards, our Fundamental instructor's approval. The months passed slowly but in April we received our first stripe. To wrap up our freshman year, we began classes at the school of nursing with Medical Surgical Nursing I and Mrs. Jackson and Pharmacology with Mrs. Futrell.

September came and we added another blue stripe to our cap, already the countdown had begun; on to Medical Surgical Nursing II - III. In March, twelve of us arrived in Crownsville, Maryland for three months of Psychiatric nursing. Remember sliding in the halls of P.G.H. on magazines? We had now advanced to using roller skates in the halls of C.S.H.!!

We returned to Medical Surgical IV with Mrs. King, thus ending our Junior year with more insight into the total patient care concept as well as two broken toes, one broken jaw, one sprained finger, one jammed knee cap and three broken hearts.

In August we received our senior bands signifying only eight months till graduation. This was initiated with Maternal Child Health and our class going through the stages of separation anxiety due to the fact that six of us were in Pediatrics with Miss Brooks and the other half was with Miss King and Obstetrical Nursing.

Also during this time, Mrs. Daniels began her course in Professional Adjustments and the awareness of our legal responsibilities really came into focus.

Senior Seminars began with Mrs. Jackson giving us the opportunity to release our suppressed teaching qualities. Then the last six weeks of our curriculum consisted of Mrs. King and Leadership Skills.

Our Senior Dance was one of the highlights of the year and the realization that time was getting shorter was definitely present that night. With our long white gowns and dozen red roses, the effort put into all the bake sales and rummage sales were forgotten.

After May 26 we will be excited about entering into the nursing careers of our choosing but will always remember the crazy and happy memories the twelve of us shared these past three years.



You've got to be kidding!!

Gotcha!



I'm not arrogant; just cute!!!



Nancy, would you please ...

Oh, no!!!



Truly . . .

It was the best of times
It was the worst of times
It was the age of wisdom
It was the age of foolishness
It was the spring of hope
It was the winter of despair
It was a time of P.G.H.

Juniors

"Success usually is a plant
of slow growth although
its flowering may seem sudden."



JANE AARON



LOIS BRITTO



MARY KAY DORSON



"WE SEE THE LIGHT!"



CONNIE ELLIS

JANIE FERGUSON



PAT GILLESPIE



DIXIE HESS





JUNE KUBE



KEN O'LEARY



LINDA OSBORNE



LORRAINE ROBERSON



CYNDY RUDOLPH



DIANE SAVAGE

"DID YOU HEAR THE ONE ABOUT ..."



"HOW COULD YOU DO THIS TO ME?"





JUNIOR CLASS OFFICERS
 KEN O'LEARY - Treasurer
 PAT GILLESPIE - Secretary
 LORRAINE ROBERSON - V.P.
 JANIE FERGUSON - S.C. Rep.
 DIXIE HESS - President
 LOIS BRITTO - S.C. Rep.
 MARY KAY DORSON - Historian
 (Not pictured)

Our president??



What is its monetary value?

If George could
 only see you now!



When will this ever be over?



Mis King - Advisor





Mrs. Jackson and her crew.

Medical Surgical Nursing II And III

Are we the one with the germs or the patient?



If this was only a GUY?



Where do I put it?



Is he the one with the tubal ligation?



Crownsville



H. Y. Building



Meyer Building



Dormitory

Specialties



At last a patient!



Mrs. King shows Connie and June E.R. materials.



Lois, Mary Kay and Lorraine O.P.D.



Don't you wish you had hands like mine!

Cyndy learns I.V. procedures in I.C.U.



That's right
Dixie,
B.P.
q.1.h.!





Lois' natural position.



It was such a trying experience ...

I wonder if everyone knows ...



I can't believe I ate the whole thing ...



Dixie strikes again!

Try it, you'll like it!



Freshmen

"All we need to make the day go
better is to remember our friends,
or maybe one friend's face."



CINDY ASHE



RHONDA BAIN



DEBBIE BAUM

Class Of '74

*"We seem to get by with a
little help from our friends."*



SUSAN CHICCINO

RUTH CHILDRESS



CINDY CLARK



MARIE CULPEPPER





CAROL DIXON



BETH FABIAN



VANESSA HARMON



JESSIE HOLT



NANCY HUIE



SUSAN JENSEN



DEBBIE JONES



PAT KIRK



EMILY LANGFORD



ABBY LEASE



JANET MIZELLE



HARRY POLAND



SANDY PORTER



CONNIE SHALLER



LORIE SCHUESSLER



PHYLLIS SMITH



EVELYN STOCKTON



CINDY TALMAN



TERRI THOMAS



JANET TRASK



SANDY WHITAKER



RITA WHITE



"DEDICATION!???"



ABE MEETS HER ORAL NEEDS!

"WHAT'S EVERYONE WAITING FOR?"



OH NO!! IT'S MRS. PARKER.





FRESHMAN CLASS OFFICERS:

JESSIE HOLT: Parl.

HARRY POLAND: Treas.

LORY SCHEUSSLER: Sec.

SANDY PORTER: S.C. Rep.

CONNIE SCHALLER: Pres.

JANET MIZELLE: Vice Pres.



The gang's all here!



ADVISOR: MRS. FUTRELL



Fundamentals Of Nursing



Did MUMMY start this way?



Happiness is picking up a man.



Ready, aim ...



Where do you want it?



Here a squirt,
there a squirt ...



Is it Beth or Chase?



Phyllis lost out!

O.D.V.



Anatomy Lab instructor - Dr. Johnson



Our heroes!



If she doesn't shut-up!

Anatomy Lab



Micro lecture.



Mrs. Futrell instructs Vanessa about I. V. 's.



Cindy learns to administer medications.



Emily and Janet learn about pouring meds.

Drugs And Solution And Pharmacology

Drugs and Solutions classroom



Nutrition



"If you're going to throw these away, don't do it in front of me!"

Mr. Craver, we'll get you a seat belt!!



Vanessa learns isolation technique.

Medical Surgical Nursing I

Mrs. Jackson instructs about IPPB.





Is it true that blondes have more fun?



Culpepper Bow



The real me!



I can't believe I'm doing this!
There must be an easier way to do this!!



Are you King Kong?



Just leave me alone!





What is this about Hydrogen Bonding!!!



Wow! I made it to two, Chink!!!



Do we always get a party after work?



Look Ma, no legs!!

Well, Mrs. Daniels, it's like this ...



Cindy, did you really say that?!



Activities



1st ROW:
Cyndy Rudolph
Jackie Kavanaugh
2nd ROW:
Elaine Berghofer
Lois Britto
Pat Gillespie
Nancy Huie
3rd ROW:
Abby Lease
Shirley Mays
Emily Langford
Vanessa Harmon
Cindy Talman

Editor: Cyndy Rudolph



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Co-Ed.: Jackie Kavanaugh. Treas.:
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Student Government Association

E. Berghofer - Monitor.



Where's that contact lens?

Chorus sings for Christmas party.





KAY HOOPER - Queen



Dr. Dozortz congratulates Kay.

Alumni Court



Mr. and Mrs. Daniels



Court:
Marie Culpepper
Kay Hooper
Shirley Mays
Dixie Hess



It works!



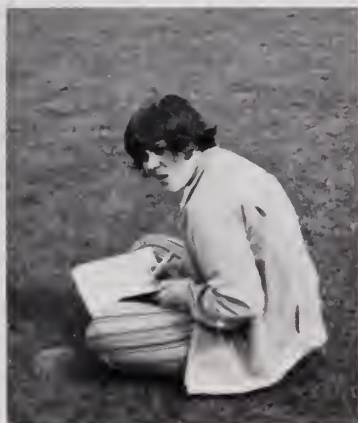
I'll answer it!!



Little Mama Cass.



Me! Snobbish?

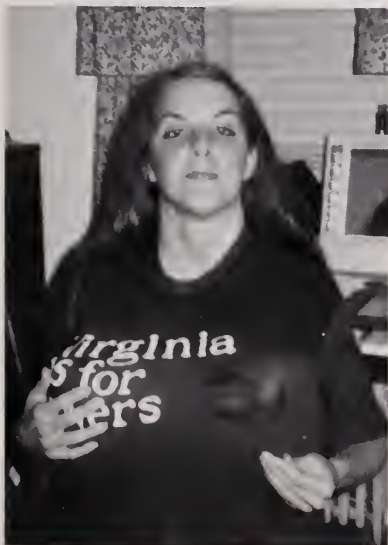


Yes, I do study.



No study hours!

Don't you wish ...



Grab extinguisher, not your head!



I'd rather fight than SWITCH!





Would you believe hot chocolate?



Another hard day from work.



Hold hands and say "Cheese."



Anyone for some expresso?

The Health Nurse always knows.



BINGO!!





It fits!!



Occupational Therapy.



The year of the Rat?



Make sure you get the tonsils too.



Can't anyone play the guitar around here.



I think I'm melting.



Angela, I'm getting a headache ...

Women's Lib. strikes again!



If you'd like my "professional" opinion ...

Harry gets a preview of OB.





I think he has to go out ...



Did anyone see that?



And the salesman said to the girl ...



Do you want to go to Boston?



Will the
real Debbie
Jones wake
up!



So I told my analyst.

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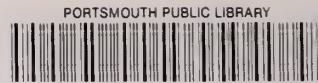
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